Menstrual Health and Hygiene (MHH) is a neglected sanitation topic in emerging markets, and menstrual waste disposal is particularly absent in many shared and public settings. Waste streams are growing with increased urbanization and access to disposable products. **Safe and discreet disposal options, such as the S.H.E., can empower women and girls, support better health and a cleaner environment.**

### Key Features

S.H.E. is a fully automated, sterile, sanitary pad disposal unit engineered to provide dignity and privacy, waste reduction and safe hygiene.

- Thermally treats menstrual waste, producing limited emissions and minimal ash.
- Batch processes up to 10 pads at a time in under 30 minutes.
- Automatically detects when optimal number of pads is reached for efficient disposal.
- Safety features include insulated surface, user standby during operation and automated shutdown.
- Current co-fire is LPG with plans for testing wood pellets and dried feces as potential fuel sources.
- Compact design allows for wall or floor mounting.
- Designed for use in shared and public settings, including: airports, bus and train stations, cinemas, markets, malls, hotels, factories, restaurants, public toilets, apartments, dormitories, schools and communities.
- Remote monitoring and service notifications available.

In India, an estimated 121 million women dispose of 113,000 tons of menstrual hygiene waste annually.

*WaterAid/India*
Status of Development
Market development and product evaluation has inspired the Bureau of Indian Standards (BIS) to initiate consultation on creating health, safety and performance standards for decentralized MHH appliances. The S.H.E. will begin field testing in India in late 2020/early 2021.

In primary testing, the S.H.E. thermal treatment unit prototype outperforms the leading competitors, emitting virtually no harmful or toxic substances.

Making an Impact
Offering affordable menstrual hygiene disposal and treatment in shared public settings:
- Provides dignity, safety and privacy for physical and emotional well-being.
- Facilitates mobility and confidence for participation in work and school.
- Ensures toilets, sewers and drainage remain operational.
- Delivers environmental improvement when waste is properly disposed of and thermal treatment is effectively controlled.
- Encourages environmental and safety standards for decentralized MHH appliances in public spaces.

For more information
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